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Why Alignment Is Insufficient for Trustworthy AI

by [Nick Clark](#) | Published March 27, 2026 | [PDF](#)

AI alignment attempts to make systems behave according to human values by training behavioral tendencies into models. But tendencies are not constraints. A tendency can be overridden, circumvented, or may simply fail to generalize to novel situations. Human-relatable intelligence provides an alternative foundation: architectural constraints that make the system's cognitive dynamics structurally isomorphic with human cognitive processes, producing trustworthy behavior through structure rather than through trained behavioral tendencies.

The statistical nature of alignment

RLHF, constitutional AI, and similar alignment techniques modify model behavior through training. The model learns to produce outputs that score well on human preference evaluations. This is a statistical optimization: the model's outputs shift toward a distribution that satisfies evaluators most of the time.

But statistical optimization does not produce guarantees. It produces tendencies that hold under the training distribution and may fail under novel conditions.

A model aligned through RLHF will generally produce helpful, harmless outputs. It will occasionally produce outputs that violate the alignment training under adversarial prompting, unusual context combinations, or distribution shift. The alignment is a learned behavior, not an architectural constraint. The difference is the same as the difference between training someone to be honest and building a system that cannot generate false statements.

Why alignment does not compose

Individual aligned behaviors do not compose into systemically aligned systems. A model that is individually aligned may produce outputs that are individually appropriate but systemically harmful when deployed in an agentic loop that accumulates decisions over time. Each decision satisfies the alignment criteria, but the trajectory of decisions produces an outcome that violates the values the alignment was intended to protect.

Alignment operates at the output level: is this specific output acceptable? It does not operate at the trajectory level: is this sequence of outputs maintaining coherence with the system's intended values over time? Trajectory-level coherence requires persistent state, deviation detection, and self-correction mechanisms that alignment training does not provide.

How human-relatable intelligence addresses the gap

Human-relatable intelligence provides trustworthy behavior through architectural constraints rather than trained tendencies. The system's cognitive dynamics, including integrity tracking, confidence governance, affective state, and coherence monitoring, are structurally isomorphic with human cognitive processes. This isomorphism means the system's behavior is predictable, interpretable, and governable in the same way that human behavior is.

Integrity tracking maintains a three-domain model that detects when the system's behavior deviates from its normative commitments. This is not a post-hoc alignment check. It is a continuous, structural coherence mechanism that operates at every cognitive step. The system cannot accumulate normative drift because deviation is detected and corrected as it occurs.

Confidence governance ensures that the system does not execute actions when its cognitive state does not support reliable decision-making. A misaligned model will confidently produce harmful outputs because it does not model its own confidence. A human-relatable system pauses, reassesses, and potentially declines to act when confidence is insufficient.

The coherence trifecta of empathy, self-esteem, and integrity creates a self-correcting feedback loop. When the system detects that its behavior is causing harm through the empathy mechanism, its integrity score degrades, confidence decreases, and the system shifts toward a more cautious operating mode. This is not a trained behavior. It is an architectural dynamic that operates regardless of the specific content domain.

What the difference means in practice

An aligned model deployed in a novel domain may produce outputs that satisfy its training metrics while violating the domain's values because the alignment training did not cover the domain. A human-relatable system deployed in the same domain will detect normative deviation through its integrity mechanism, reduce confidence in its own outputs, and either self-correct or pause for human guidance. The trustworthiness comes from the architecture, not from domain-specific training.

For organizations evaluating AI trustworthiness, the question shifts from whether the model has been aligned to whether the system has architectural constraints that prevent misalignment from occurring. Alignment is a training property. Human-relatability is a structural property. Structural properties persist across domains. Training properties may not.

[Human-Relatable Intelligence All 21 steps →](#)

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Secondary Technical

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Last updated: 2026-03-03



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